

Introduction to Care & Prevention of Athletic Injuries: PED 236

| Faculty Name: | |
|-------------------|---|
| | INTRODUCTION TO CARE & PREVENTION OF ATHLETIC INJURIES: PED 236 |
| Course Name: | |
| Course Section, | |
| Term and Year: | |
| Course Meeting | |
| Times & Location: | |

Contact:

| Phone Number: | |
|--|--|
| Office Location: | |
| Email address: | |
| Enter days/time you are available to meet with students. | |

Netiquette

Please respect the diversity of opinions of your classmates and instructor and engage in all online communications in a courteous, respectful, and professional manner. All posts and classroom communication must be conducted in accordance with the student code of conduct. Think before you push the Send button. Did you say just what you meant? How will the person on the other end interpret your words?

Communication:

Faculty Communication with Students:

Discuss how faculty will contact students.

Student Communication with Faculty:

Discuss how students will contact faculty when they have questions or concerns.

Course Description:

PED 236 Introduction to Care and Prevention of Athletic Injuries

3-0-3

The course emphasizes the scientific and clinical foundations of athletic training and sports medicine. It focuses on athletic injury prevention, recognition, and initial care, along with laboratory time for the practice of taping and wrapping techniques. Not credited toward Physical Education activity course requirements. *Prerequisite: HLT 134*.

Course Learning Outcomes:

Students will be able to:

- 1. Describe how to organize and establish an effective athletic healthcare system.
- 2. Identify techniques for preventing or minimizing sports-related injuries.
- 3. Demonstrate the skills necessary to manage sport specific injuries and conditions.

Program Learning Outcomes:

Students will be able to:

1. Demonstrate a practical application and working knowledge of sports and sports-related activities and the components of fitness and wellness.

General Education Learning Outcomes:

N/A

Course Resources:

| Textbook: | Enter title, edition, author, ISBN for required text. |
|------------|---|
| Materials: | Enter all additional required materials and tools needed to complete course here. |
| Access: | List access codes needed for websites or other software (if applicable). |

Course Policies:

Click here to describe how students will participate in your class. Include policies regarding missed exams, makeup exams, extra credit assignments, late assignments, missed assignments, etc.

Course Delivery:

Course Content:

Lecture Format:

Course Outline and Schedule

Enter weekly topics. May be in the form of a course calendar with assignments/assessments. Explain due dates and other items relevant to the semester schedule.

Grading Method:

Click here to enter a clear explanation of how students will be evaluated, including a description of course assessments and a statement of the assessment process and measurements. Include weight/percentages for quizzes, exams, papers, projects, homework, attendance, participation, etc..

Grading Scale:

| Letter | Grade Range |
|--------|------------------------------|
| Α | 558 – 600 points (93 – 100%) |
| A- | 540 – 557 points (90 – 92%) |
| B+ | 522 – 539 points (87 – 89%) |
| В | 498 – 521 points (83 – 86%) |
| B- | 480 – 497 points (80 – 82%) |
| C+ | 462 – 479 points (77 – 79%) |
| С | 420 – 461 points (70 – 76%) |
| D | 360 – 419 points (60 – 69%) |
| F | 0 – 359 points (Below 60%) |

Earn an FMCC Micro-credential Badge:

Check this link to see if this course meets a requirement for an FM Micro-credential Badge: <u>https://www.credly.com/organizations/fulton-montgomery-community-college/badges</u>